



## Films

### It will be ok (DVD)

This participatory film has been entirely developed, directed and filmed by nine bereaved young people aged 13 to 18. Young people have made this resource to help their peers in identifying emotions and behaviour which they may experience after a bereavement. The film aims to provide support to other bereaved children and young people by emphasising that they are not alone and that their feelings are normal. The film is suitable for bereaved children and young people to use in a supported environment. It is also a useful resource for the practitioners, parents and carers supporting them.



Made with the help of Penhaligon's Friends, Chums Child Bereavement Service and the Northampton General Hospital Trust Child Bereavement Service. **Run time:** 15 mins **Price:** £17.50 (£15 for CBN/NCB members)

### You'll always remember them, even when you're old (VHS/DVD)

**"You'll always remember them... even when you're old."**



A group of children aged 6 to 12 years old discuss the support they received to help them cope with bereavement.

This film, made with the help of Jigsaw4u, features a group of children from a range of backgrounds aged 6-12 who have been bereaved of a parent. The group discusses the impact of bereavement on their lives, the support they received from family, friends, hospitals, bereavement service providers and schools.

The film is divided into different sections and can be used as a resource to offer information and support, facilitate training and discussion or develop the understanding of children and young people through the PSHE curriculum in schools. It is accompanied by a leaflet. **Run time:** 37 mins **Price:** £17.50 (£15 for CBN/NCB members)

### A death in the lives of... (VHS/DVD)

This film, made with the help of the St Christopher's Candle Project, shows a group of young people aged 13-16, from a range of backgrounds talking about the kind of support they needed to help them cope with bereavement. The group also talk about how bereavement could be included in the school curriculum.



Young people discuss the support they needed to help them cope with bereavement.

The video is divided into different sections to facilitate training and discussion, and is accompanied by a leaflet. **Run time:** 18 mins **Price:** £15 (£12.50 for CBN/NCB members)

## Other films

CBN has also been associated with the development of a series of animated films which can be ordered from [www.leedsanimationworkshop.org.uk](http://www.leedsanimationworkshop.org.uk)

### Teenage Grief (DVD/VHS)

Features six stories of young people from a range of backgrounds who have experienced bereavement. 2007 Run time: 13 min Price: £40



### Not Too Young to Grieve (DVD/VHS)

Features ten short animated stories about how very young children respond to grief, and how those around them can offer support.



2005 Run time: 14 minutes Price: £40 including VAT and p&p (£20 to Leeds organisations) Available in public libraries.

### Grief in the Family (DVD/Video)

The film shows families from a wide range of backgrounds dealing with bereavement.

2002 Run time 14 minutes Price: £40 including VAT and p&p (£20 to Leeds organisations)



## Postcards

### Stepping Stones NEW



An set of four postcards for children and young people when someone important in their lives is seriously ill. Each card lists various ways in which those around them can help, suggested by young people who have been through similar experiences, supported by Jeremiah's Journey's Stepping Stones project. The child can indicate which ideas they think would help them. Cards come in packs of 100: 25 sets of four designs: to my parent/carer, to my teacher, to my friend and to the person who is ill – if appropriate. **Price:** £9 (£7 for CBN/NCB members) for pack of 100 cards

### I can..You can

A set of four postcards for children and young people bereaved of someone special to share with other important people in their lives. Each card lists various ways to help, suggested by other young people who have been through similar experiences. The child can indicate which ideas they prefer or are particularly relevant. Cards come in packs of 100 (25 sets of four designs: to my parents/carers, to my teacher, to my friend and to myself). **Price:** £9 (£7 for CBN/NCB members) for pack of 100 cards

## Are you supporting a child who's been bereaved?

These postcards signpost those who are supporting a bereaved child to the Childhood Bereavement Network's website and contact details.

## Training materials

Free professional development packs accompanying the films *Teenage Grief* and *Not Too Young to Grieve* have been written by Sacha Richardson and Rose Griffiths. The packs contain full tutors' notes, overheads and frequently asked questions.

Free to download from [www.childhoodbereavementnetwork.org.uk](http://www.childhoodbereavementnetwork.org.uk)

## Reports

### Grief Matters for Children

Report and recommendations on consultations and pilot activities exploring the impact of bereavement on the lives of children in public care. Free to download from [www.childhoodbereavementnetwork.org.uk](http://www.childhoodbereavementnetwork.org.uk) (News, 2007)



### Bereavement in the Secure Setting

This briefing gives practical suggestions to support bereaved young people in young offender institutions, secure training centres and secure children's homes for staff. Free to download from [www.childhoodbereavementnetwork.org.uk](http://www.childhoodbereavementnetwork.org.uk) (News, Dec2008)

### Supporting bereaved children and young people in public care

This Healthy Care briefing looks at the impact of bereavement on young people who are looked after, and makes suggestions for their support.

Free to download from Visit Resources / Healthy Care Briefings at [www.ncb.org.uk/healthycare](http://www.ncb.org.uk/healthycare)

## Other publications

CBN has been associated with the production of other resources.

The following books can be ordered from Central Books [ncb@centralbooks.com](mailto:ncb@centralbooks.com) 0845 458 9910

**A Guide to Developing Good Practice in Childhood Bereavement Services**  
2006, 64pp ISBN 978 978 1 904787 99 0 Price £12 (CBN/NCB members £9)

**Childhood Bereavement: Developing the curriculum and pastoral support**  
2004, 72pp. ISBN: 1 904787 14 2  
Price: £15.50  
(£12.50 for CBN/NCB members)



## Young People, Bereavement and Loss: Disruptive transitions?

Jane Ribbens McCarthy with Julie Jessop  
2005, 86pp. ISBN: 1904787 452  
Price: £13.95. (£11.95 CBN/NCB members)

## Factsheets

Free to download from the Policy and Practice/ Service Development section of [www.childhoodbereavementnetwork.org.uk](http://www.childhoodbereavementnetwork.org.uk)

## Developing childhood bereavement services

Funded by the Big Lottery Fund, this series of factsheets gathers information and practical advice on key topics to support those interested in developing childhood bereavement services. Free to download from

[www.childhoodbereavementnetwork.org.uk](http://www.childhoodbereavementnetwork.org.uk) (Go to Policy and Practice, then Service Development)

[Setting up a service](#)

[Working with children and families](#)

[Identifying needs and mapping services](#)

[Securing funding for your service](#)



## Working with parents and carers of bereaved children and young people

These models of working with the parents and carers of bereaved children and young people have been written by CBN subscribers from across the Network. Funded by the Parenting Fund, the series is produced by the Childhood Bereavement Network and Winston's Wish. Free to download from [www.childhoodbereavementnetwork.org.uk](http://www.childhoodbereavementnetwork.org.uk) (Go to Policy and Practice, then Service Development)

[Developing a culturally appropriate service](#) Emma Aspinall, Hardev Notta and Diane Thomas, Acorns Children's Hospice

[Encouraging participation in service development](#) Doreen Hocking, Penhaligon's Friends

[Establishing a social and support network](#) Margaret Bryant, Herts and Bucks WAY Foundation

[Organising a family day](#) Jackie Browne, Queen's Medical Centre

[Setting up a facilitated self-help group](#) Frances Kraus and Stewart Sinclair, St Christopher's Candle Project

[Setting up a welfare rights and practical support service](#) Marion Blain, Notre Dame Centre

